What is claimed is:

1.   1.   A method for an interactive computer based training system for teaching a user to use a

2.   target software system via training software integrated with the target software system,

3.   comprising the steps of:

4.   (a)   providing, from the training software, a user interface, the user interface including

5.   at least one graphic display portion to display at least a portion of a tutorial exercise; and

6.   (b)   providing, from the training software, at least one exercise module for teaching at

7.   least one tutorial exercise on operation of the target software system, the at least one exercise

8.   module having a plurality of exercise steps including operating at least a portion of the at least

9.   one tutorial exercise on the target software system.

1.   2.   The method of claim 1, further comprising the step of providing a display corresponding

2.   to the at least one tutorial exercise in the at least one graphic display portion, and operating at

3.   least a portion of the tutorial exercise on the target software system.

1.   3.   The method as claimed in claim 1, wherein the target software system includes at least

2.   one graphic software.

1.   4.   The method as claimed in claim 1, further comprising the step of receiving, from the

2.   target software system, a user response to at least one of the exercise steps.

1.   5.   The method as claimed in claim 4, further comprising, responsive to receipt of the user

2.   response, the step of comparing the received user response to an expected response for the at

3.   least one of the exercise steps.

1.   6.   The method as claimed in claim 5, further comprising the step of, if the received user

2.   response is the expected response, displaying a confirmation message at the user interface, and if

3   the received user response is not the expected response, displaying a feedback message at the

4   user interface.

1   7.   The method as claimed in claim 5, wherein the at least one exercise module defines the

2   expected response.

1   8.   The method as claimed in claim 4, wherein the user response is from the operating of at

2   least a portion of the tutorial exercise on the target software system.

1   9.   The method as claimed in claim 1, further comprising the step of providing a plurality of

2   exercise modules including the at least one exercise module.

1   10.   The method as claimed in claim 1, further comprising the step of running the training

2   software on the target software system.

1   11.   A system for interactive computer based training for teaching a user to use a target

2   software system via training software integrated with the target software system, comprising:

3   (a)   a user interface, the user interface including at least one graphic display portion to

4   display at least a portion of a tutorial exercise; and

5   (b)   at least one exercise module for teaching at least one tutorial exercise on

6   operation of the target software system, the at least one exercise module having a plurality of

7   exercise steps including operating at least a portion of the at least one tutorial exercise on the

8   target software system.

1   12.   The system of claim 11, wherein a graphic portion of the at least one tutorial exercise is

2   displayed in the at least one graphic display portion, and at least a portion of the tutorial exercise

3   is operated on the target software system.

1   13.   The system as claimed in claim 11, wherein the target software system includes

2   instructions for operating at least one graphic software.

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1   14.   The system as claimed in claim 11, further comprising a received user response to at least

2   one of the exercise steps.

1   15.   The system as claimed in claim 14, further comprising, responsive to receipt of the user

2   response, a comparison of the received user response to an expected response for the at least one

3   of the exercise steps.

1   16.   The system as claimed in claim 15, further comprising a confirmation message, to be

2   displayed at the user interface if the user response is the expected response, and a feedback

3   message, to be displayed at the user interface if the user response is not the expected response.

1   17.   The system as claimed in claim 15, wherein the exercise module defines the expected

2   response.

1   18.   The system as claimed in claim 14, wherein the user response is responsive to operation

2   of at least a portion of the tutorial exercise on the target software system.

1   19.   The system as claimed in claim 11, wherein there are provided a plurality of exercise

2   modules including the at least one exercise module.

1   20.   The system as claimed in claim 11, wherein the training software is run on the target

2   software system.